



Devonport Triathlon

COVID-19 Safety Plan

Please read the following information regarding Devonport Triathlons COVID-19 Plan before attending the event. The organisers have put new measures in place to ensure the event is conducted safely. Accordingly, there have been changes to how a Triathlon is conducted. Please read this Information Sheet to ensure you are aware of the changes and how they impact upon your preparation for and engagement with the event.

These measures are in line with the State Guidelines for free moving level one events. Register Now is the register system being used to capture all participants details.

An **Event Day Infection Controller** will be in attendance to ensure proper implementation of the infection control measures. They will be recognisable by wearing a hi-vis vest throughout the event. Please follow their instructions if directed.

Simply Put

- Do not attend if you are feeling unwell or you have been in contact with someone who is unwell
- If you feel unwell at the event, there will be a designated Isolation Area. If this happens, please notify the Controller, collect your belongings and identify who can support you, move to the Isolation Area as directed and await instructions
- If you feel unwell after the event, contact your medical professional
- In the unfortunate situation the entire event is cancelled due to COVID a full refund will apply.

Prior to Arrival

- Check if you are feeling unwell. If in any doubt, do not attend. A full refund/transfer will be provided upon request – no additional documentation is required.
- Plan ahead as sharing of equipment is prohibited. For example, participants are required to manage their own fluid and nutrition before, during and post-race. Therefore, bring a full water bottle/your own water to avoid touching taps or water fountains. A drink station and recovery area will be provided but it will be a self service provision

On Arrival

- All participants and family/spectators must sanitise their hands upon entry to the event
- All participants and family/spectators will be encouraged to bring their own sanitising products

At Registration

- Always observe social distancing and remain conscious of a 'no contact' approach
- The timing chips and a luggage tag with your race number on it will be handed to you at the Registration Table. The luggage tag will go around your wrist. (Body marking will be marked on by the athlete.)

Transition Set up

- Always observe social distancing requirements during set-up of your transition space
- Here will be appropriate bike rack separation (1.5 metres) measures in Transition as indicated on the bars of the Bike Racks.
- Technical Officers will also be maintaining social distancing so please be sensitive to their communications.

Changes to Racing

- There are no changes to racing other than being conscious of limiting contact with other participants.
- Due to the numbers, there is no need for wave starts
- No spitting or/and nasal discharge at any stage.

At the Finish

- Please observe social distancing
- Remove your timing chip from the strap and then place the strap and timing chip in the disinfectant bucket at the finish
- Move away from the finish line/area as soon as practically possible
- Collect your belongings as soon as possible

General Advice

Hygiene

- Always practice social distancing
- Sanitiser Stations/bottles will be located at Registration, Transition Area, Finish Area, and the Toilets. Please use these as you move around the event.
- If you need to sneeze or cough, do so into a tissue, dispose of immediately, and sanitize. Or, cough/ sneeze into upper arm and sanitize.
- Do not touch another participant's equipment

Spectators

- Non-essential spectators are advised not to attend
- Spectators in attendance are not permitted in the Registration, Transition or Recovery areas.

Additional Information

- Drift Café will be providing all food and coffee services for the day.

All participants, spectators, and volunteers are encouraged to download the COVIDSafe app

